

A decorative graphic on the left side of the slide, consisting of white and light blue lines forming a circuit board pattern with various nodes and connections.

WORK WEEK 4

SUBVERSIVE SABBATH

ABUNDANT LIFE

- Liberation from Egypt is an invitation to abundant life
- Let go of 'Egypt' ways
 - Selfish self-interest
 - Oppression
 - Inequality
 - Pyramid living
 - Separation and Division- ghetto life

COVENANT- GUIDELINES FOR LIVING FREE

- Covenant is a GIFT To protect new way of being/living
- Not earning- 1st Commandment is grace
- Ways to protect new community
- Covenant deeply subversive to Egypt's ways

SUBVERSIVE SABBATH

- Ex 20 AND Deut 5
- *When you are tempted to follow the way of Egypt or the way of the people around you, you will refuse D Erlander*
- Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.'
- "Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly." Matt 11

EXODUS 20

- “Remember the Sabbath day by keeping it holy. ⁹ Six days you shall labor and do all your work, ¹⁰ but the seventh day is a sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. ¹¹ For in six days the LORD made the heavens and the earth, the sea, and all that is in them, **but he rested on the seventh day.** Therefore the LORD blessed the Sabbath day and made it holy.

REST

- Sabbath is for rest. God rests
- Rest is part of God's reality

What could be Sabbath practices

- Friendship with God
- Friendship with others
- Friendship with creation
- Still point to explore life- I am the Lord your God
- Break down ghetto life of separation- Sunday morning? EVERYDAY?
- Reoriented soul and spirit- Care for Creation born out of love

DEUTERONOMY 5

“Observe the Sabbath day by keeping it holy, as the LORD your God has commanded you. Six days you shall labor and do all your work,¹⁴ but the seventh day is a sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your ox, your donkey or any of your animals, nor any foreigner residing in your towns, so that your male and female servants may rest, as you do. Remember that you were slaves in Egypt and that the LORD your God brought you out of there with a mighty hand and an outstretched arm. Therefore the LORD your God has commanded you to observe the Sabbath day.

JUSTICE- RESTORATIVE

Remember what it was like to live in a broken society where you were on the bottom- resist putting others on the bottom.

Sabbath Year

Ex 23:11-12 People, animals & land rest

Ex 23:1; Lev 25:6-7 Food for all

Deut 15:1-11 Debts Cancelled

Deut 15:12-15 Slaves freed

UNTO THE LAST- JOHN RUSKIN

Supposing the master of a manufactory saw it right, or were by any chance obliged, to place his own son in the position of an ordinary workman; as he would treat his own son, he is bound to treat every one of the men under him. This is the only effect, true, or practical Rule that can be given on this point of political economy.

JUSTICE- RESTORATIVE

Remember what it was like to live in a broken society where you were on the bottom- so resist putting others on the bottom.

Jubilee Year

Lev 25:8-55- Pyramids are broken down-

REStoration

LIFE IN SOUTH AFRICA

Desperately need to renew imagination for the Rainbow Nation.
What could protect the vision? Don't go back to apartheid-

BEWARE NEW DCOMPASS

- REST- Protect self- protect family- protect creation:

Protect Faith: Protect my ability to navigate workplace stress

- RESToration- protect workplace, protect society, protect peace:

Protect Faith: Protect workplaces ability to create SHALOM

GOOD NEWS

- Remember first commandment
- I am the Lord YOUR God therefore trust my advice!

What practices would help me protect the covenant?

What practices would help me protect the rainbow nation?